

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Silver Menu Autumn 2018

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b>	Chilli Con Carne with Rice	Fish Finger's with Chips	Chicken Sausage with Roasted New Potatoes	Chicken Tikka with Rice	Fish Finger's with Chips
03-Sep	<b>Vegetarian</b>	Vegetable Chilli with Rice	Vegetable Enchiladas with chips	Vegetable pasta Bake	Wholemeal Cheese and pepper Quiche with new potatoes	Vegetable Samosa with chip's
24-Sep					Sweet corn	Baked Beans
15-Oct					Broccoli	Garden Peas
12-Nov	<b>Dessert</b>	Sweetcorn	Pea's	Broccoli	Shortbread	Chocolate & Beetroot brownie
03-Dec		Plain Sponge with Custard Yoghurt Fresh Fruit Platter	Jelly & Ice cream Yoghurt Fresh Fruit Salad	Carrot and Courgette Cake With custard Yogurt Fruit Salad	Yoghurt Fresh Fruit Salad	Yoghurt and Fruit Station
<b>Week 2</b>	<b>Main</b>	Wholemeal Chicken and Red Pepper Pizza With Wedges	Fish Finger's with Chips	Roast Turkey with Roast Potatoes and Gravy	Spaghetti Beef Bolognese	Fish Finger's with Chip's
10-Sep	<b>Vegetarian</b>	French Bread Pizza	Quorn Mince Bolognaise with pasta	Cheese and Pepper Whirl	Vegetarian Lasagne with Garlic Bread	Vegetable Fajita
01-Oct						
22-Oct		Coleslaw Sweet corn	Peas Carrots	Broccoli Cauliflower	Roasted Mixed Vegetables	Baked Beans Garden Peas
19-Nov	<b>Dessert</b>	Eves Pudding with Custard Yoghurt Fresh Fruit Platter	Chocolate Shortbread Yogurt Fruit Salad	Banana Loaf with Custard Yoghurt Fresh Fruit Platter	Flapjack Yoghurt Fresh Fruit Platter	Chocolate Rice Krispy Cake Yogurt Fresh Fruit Salad
10-Dec						
<b>Week 3</b>	<b>Main</b>	Chicken Jalfrezi with Rice	Fish Finger's with Chips	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Chicken Sausage hotdog with Wedges	Fish Finger's with Chips
17-Sep	<b>Vegetarian</b>	Vegetable Curry with Rice	Quorn Burger	Cheese & Pepper Quiche	Red Pepper Frittata with New Potatoes	Cheese and Tomato Calzone
08-Oct						
05-Nov		Sweet corn Mixed Peppers	Pea's	Savoy Cabbage Sweetcorn	Broccoli Tomato Salad	Baked Beans Garden Peas
26-Nov	<b>Dessert</b>	Syrup Sponge with custard Yoghurt Fresh Fruit Platter	Marble Cake Yoghurt Fresh Fruit Salad	Pear & ginger Cake with Custard Yogurt Fresh Fruit Salad	Chocolate Sponge with Chocolate Custard Yoghurt Fresh Fruit Salad	Jelly & ice Cream Yoghurt and Fruit Station
17-Dec						



Available Daily

Freshly cooked jacket potatoes with a choice of fillings (where advertised)



