



Family And Community Education Service

You Cook – We Cook Six-week course

Thursday 14th Nov 2019 – 19th Dec 2019

Venue: High Hazels Academy

Time: 1pm -3pm

Each session based around a story and includes an activity as well as making a healthy snack.

Learn about

A Balance Diet.

Food Portions.

Healthy Snacks

Introducing Fresh Tastes To Your Child.

Please come along and find out more.

For more information please ask

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Education & Skills
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Learning together for life